

HOW TO GET ZERO WASTED

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COMPOSITION NOTEBOOK

Beauty in the Backyard

Edition

100 sheets x 200 pages
9 x 7 in./24.7 x 18.4 cm.



FIRST OFF...

Thank you to everyone that is open to helping and respecting zero-waste efforts. Whether it be in your personal daily lives, or in your businesses and organizations, we see and appreciate you. Without a collective of people that is open to changing the way things are typically done, we wouldn't have felt comfortable enough to tell you all what to bring, or more importantly - not bring - to the first ever Beauty in the Backyard event!

We've created this simple guide that you can all refer back to in order for us to get as zero-wasted as possible.

Again, thank you everyone, for allowing us to feel heard and translate this passion into all spaces of our lives.



WHAT IS ZERO-WASTE & WHY DOES IT MATTER?

Zero Waste is a goal that is ethical, economical, efficient and visionary, to guide people in changing their lifestyles and practices to emulate sustainable natural cycles, where all discarded materials are designed to become resources for others to use.

A zero-waste event involves participation from everyone in order to avoid having valuable waste end up in a landfill. The key to a zero waste event is careful planning so that all materials used and disposed of are reusable, recyclable, or compostable.

We have an individual responsibility for leaving not only Camp Ramblewood, but all land we celebrate on in a better condition than which we found it in. Zero-waste events are a great way to ensure that this happens by being conscious of the waste that each of us creates.

By guaranteeing that our waste ends up in its correct recycle or compost bin, we can keep our landfills from causing harm to the environment.

Here is how we, as vendors, festival staff, and festival goers alike, can make this happen together...



CAMPERS AND PATRONS! TRY TO BYO! (BRING YOUR OWN!)

In order to successfully execute a zero-waste event, the first step is to ensure that no landfill waste is bought or brought.

What does this look like for attendees?

Especially while camping?!

Reusable cups, plates, and utensils.

*Bringing metal or wooden utensils is most ideal for silverware. Tupperware is also easy to eat with as a plate and will allow you to save unfinished food! We'll mention some great brands that have reusable straws, cups, etc., in a couple of pages. If you're unable to bring any of these items then getting **compostable safe** products is your next best bet!*

Reusable or recyclable bags.

Canvas shopping bags are great! Brown bags can often be composted or recycled! Try to stay clear of plastic shopping bags!



Homemade dishes in your own bowls, platter, or tupperware.

Instead of covering with plastic wrap, consider aluminum foil or using tupperware with a lid.

*Here is an additional **camping resource**: <https://www.goingzerowaste.com/blog/zero-waste-camping>*

HOW DO WE MAKE THIS HAPPEN?

FOCUS ON WHAT NOT TO BRING!

*Single-use plastics are the biggest challenge with any zero waste event. Unfortunately, they also tend to be the most convenient. We believe that with a little planning, we can have the same amount of fun we always have at festivals with **less or none** of the plastics that there normally are.*

However, we don't want to just tell you what not to bring without providing other options.

Prepackaged foods

Bringing bulk foods can be fun and easy! A lot of local co-ops and smaller grocery stores allow you to fill up reusable or compostable brown bags with snacks and other foods! Nuts, seeds, and dried fruits, are great ways to snack healthy and get your body ready for a long festival weekend!

What about drinks?

Plastic bottles and aluminum cans are fine because they can be recycled. We encourage bringing growlers for beer! Camp Ramblewood also has a water fountain so reuseable bottles are also heavily encouraged!



WHAT DOES ZERO-WASTE REALLY LOOK LIKE?



image: <https://www.waterdocs.ca/news/2017/6/27/skn4ihamrh4px02v6f5slz3mrgcwib>

****IMPORTANT**** You do not **need** to go out and buy any "zero-waste" items. You probably already have them!

A list of things you might already own:

- canvas bags of all sizes (for bread, veggies, snacks, etc.)
- cloth placemats and napkins
- tupperware of all shapes and sizes
- mason jars of all sizes
- aluminum or reusable cups and water bottles
- wooden spoon, metal fork, bamboo chopsticks, stainless steel straw

CHECKLIST

LET'S TRY TO BRING...

- Reusable plates*
- Reusable utensils*
- Reusable cups*
- Food in reusable containers*
- All items in a reusable bag/tote*

LET'S LEAVE THESE AT HOME...

- Plastic, single-use plates, cups, silverware*
- Soft plastics: ziplock bags, plastic wrap*
- Styrofoam*
- Packaged food*



HOW CAN VENDORS AND EVENT STAFF HELP MAKE THIS HAPPEN?

Vendors and event staff are key players in making Beauty in the Backyard a zero-waste event.

*For vendors, we encourage letting festival goers use their own utensils, cups, and tupperware, for drinks and food if possible! If this is not possible, **using solely compostable products** like Ecoware's silverware, cups, plates, straws, napkins, etc. is AMAZING! This can really help with the confusion that patrons often experience when sorting their own waste. If it is all compostable, then there is only one place to put it, the compost!*

*For vendors, volunteers, and all other event staff, outreach and awareness are **crucial**! By letting all festival attendees know where, and how they can properly sort their waste, we can divert as much for the landfill as possible! This is HUGE with festivals, as some are able to divert upwards of 80% of the waste that might go into a landfill to be composted or recycled!*

*Here are some **reliable** compostable product companies!*

<https://www.ecowareproducts.com>

<https://begreenpackagingstore.com/>

<https://greenpaperproducts.com/>

FAQ

What are single-use plastics and why should we try to avoid them?

Single-use plastics are any form of plastic that cannot be recycled or composted and, after being used once, are destined for the landfill. We dislike them because neither us nor several generations that come after us will see them breakdown. They are one of the biggest harms to our environment. Google: "plastic island" or "plastic ocean".

Will zero-waste cost me any extra money?

Nope, it will just cost a you a bit of time. Setting aside a couple minutes to pack your reusable is all you need. There is no need to go out and purchase wooden utensils or mason jars - unless you really want to! Just make sure you transport glass carefully!

I love this idea and want to translate it into other areas of my life! How do I do this?

First off - yay! There are so many resources you can use to live a low-waste lifestyle. We are proud to be one of them. Other resources include trashisfortossers.com, packagefreeshop.com, and goingzerowaste.com.

Where can I buy reusable/zero-waste items?

<https://packagefreeshop.com/>

<https://www.litterless.com/wheretoshop/>

<https://www.therefillrevolution.com/>

LET'S KEEP THE BEAUTY
IN THE BACKYARD!
WITH LOVE,
MARGUERITE & REBECCA
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Additional Questions?

*Please contact us! We would love to talk about anything
zero-waste related.*

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